



The Truth about Sex

5 LIES our culture consistently tells us:

- Sex is no big deal.
- Sex is just a physical act.
- God is down on sex.
- Everyone is doing it.
- It's impossible to be pure.

3 TRUE messages we DON'T usually hear from the world:

- Your sexual decisions will leave life-long memories.
- Your sexual decisions can have life-long consequences.
- The best sex lives are found in marriages who waited.

4 CHALLENGES for us:

- Investigate God's plan for great sex.
- Search for God's wisdom.
- Experience God's forgiveness.
- Enjoy God's hope.

Conclusion:

John 10:10

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

Satan's 3 Step plan to destroy your life:

Get you to focus on what you don't have

Convince you that God is holding out on you

Deceives you into acting on your feelings instead of God's word

Genesis 3 - Adam & Eve

Discussion:

Which of the FALSE messages from the world do you encounter the most?

Where do you see it?

Which of these FALSE messages do you find most tempting?

Which of these TRUE messages do you find most helpful?

How can we apply the 4 challenges given to you today?